

### Certificate of Analysis

Product: Omega 3-6-9  
 Product Description: Vegetarian Omega Softgels  
 Product Code: MNSG-412  
 Batch No.: F18076  
 Packaged Lot No.: 80761 07/2021  
 Date of Manufacture: July, 2018  
 Best Before Date: July, 2021

General	Specification	Results	Method
Description	Capsules containing a light golden oil	Conforms	STM001
Softgel Size and Shape	20 Oblong	Conforms	STM001, STM004
Average Fill Weight	1068 mg +/- 5%	1067 mg	USP <2091>
Peroxide Value--Finished Softgels	Max. 20 meq/kg	2.5 meq/kg	AOCS

Microbiological Standard	Specification	Results	Method
Total Plate Count	Max. 3,000 CFU/g	<10 CFU/g	USP<2021> or equivalent
Total Mold & Yeast Count	Max. 300 CFU/g	<10 CFU/g	USP<2021> or equivalent
<i>Escherichia coli</i>	Negative/10g	Negative/10g	USP<2022> or equivalent
<i>Salmonella spp.</i>	Negative/10g	Negative/10g	USP<2022> or equivalent
<i>Staphylococcus aureus</i>	Negative/10g	Negative/10g	USP<2022> or equivalent

Ingredients	Specification (per 1 softgel)	Results	Method
Organic Flaxseed Oil	Min. 475 mg	Conforms	Formulation & In-process Controls
Organic Olive Oil	Min. 475 mg	Conforms	Formulation & In-process Controls
Sacha Inchi Oil	Min. 20 mg	Conforms	Formulation & In-process Controls
Borage Oil	Min. 20 mg	Conforms	Formulation & In-process Controls
Pomegranate Oil	Min. 20 mg	Conforms	Formulation & In-process Controls
Omega-3 Fatty Acid--ALA (alpha-Linolenic Acid)	Min. 250 mg	288.5 mg	AOCS or equivalent
Omega-6 Fatty Acids: --GLA (gamma-Linolenic Acid) --LA (Linoleic Acid)	Min. 5 mg Min. 85 mg	5.4 mg 150.1 mg	AOCS or equivalent
Omega-9 Fatty Acids--Oleic Acid	Min. 340 mg	341.8 mg	AOCS or equivalent

Fill ingredients: Flaxseed Oil, Organic Extra Virgin Olive Oil, Borage Seed Oil, Pomegranate Seed Oil, Sacha Inchi Seed Oil, Proprietary Antioxidant Blend (natural mixed tocopherols (soy), rosemary extract, and ascorbyl palmitate). Shell ingredients: Mod Modified Cornstarch, Glycerin, Sorbitol, Carrageenan, and Purified Water

  
 Caroline Lease, Quality  
 Aug. 30, 2018